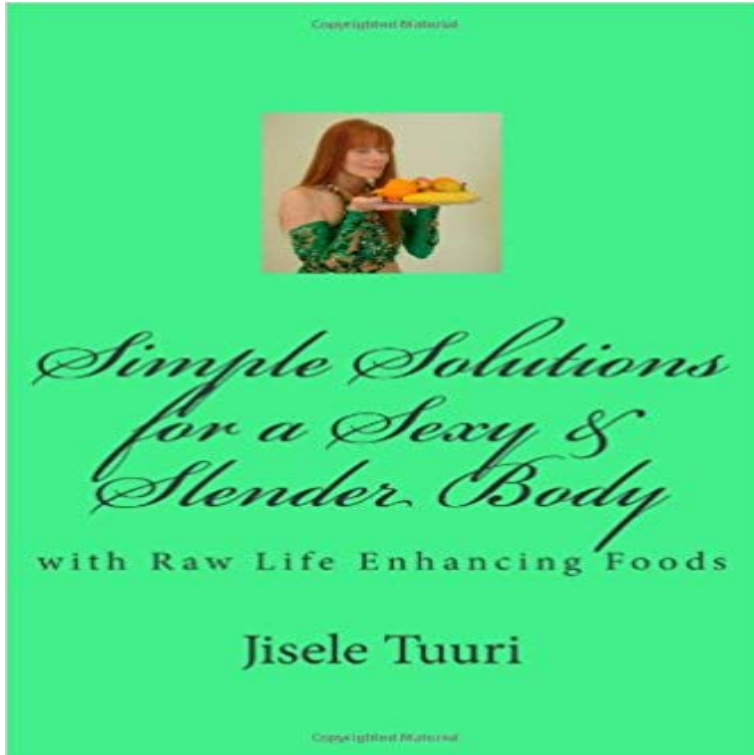


# Simple Solutions for a Sexy & Slender Body: with Raw Life Enhancing Foods



Simple Solutions for a Sexy & Slender Body with Raw Life Enhancing Foods is about adding more years to your life and more life to your years. Raw foods are sexy, why? Because true beauty starts from within and radiates outwardly. The more raw living foods you incorporate into your diet, the more alive in your body and in your world you will feel. By introducing living foods along with a fun fitness program into your life you will greatly enhance your strength and vitality. This book guides you as you dance into more vibrant health and energy through simple yet profound methods. By feeding the cells of your body with fresh fruits, vegetables, nuts, seeds and more you will quickly notice a spring in your step and a love of life that you never felt before. You will wonder why you havent started on this path sooner. With the help of fun and easy recipes that you can use immediately, a two week journal to assist in your transformation, a free 30 minute phone consultation with the author and much more, you will find that your journey into vibrant health will be a magic carpet ride indeed!

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