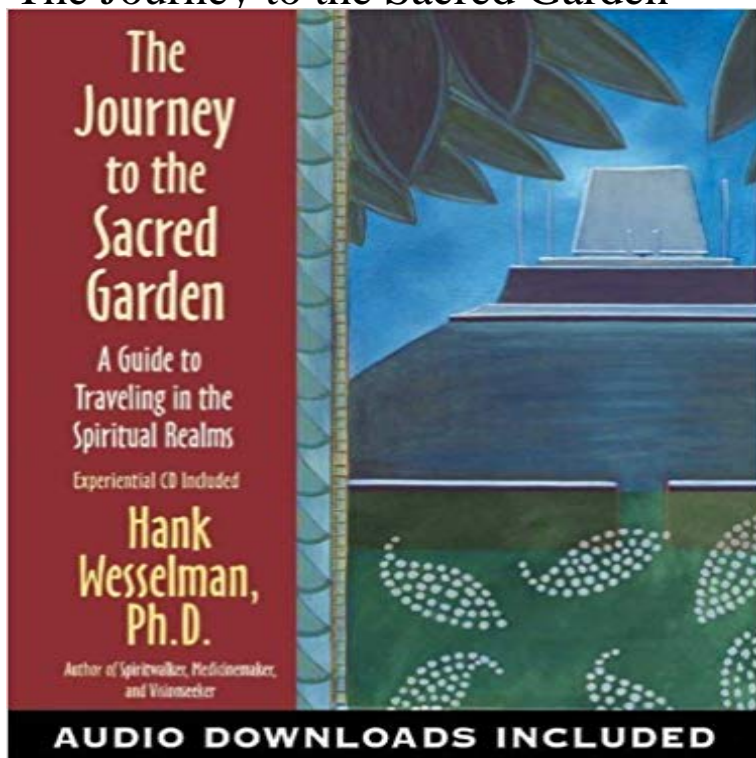


The Journey to the Sacred Garden



At the heart of spiritual awakening lies the discovery that each of us can achieve the direct, transformative connection with the sacred realms a connection that defines the mystic. The Journey to the Sacred Garden guides us along a well-traveled path into this extraordinary experience and includes an experiential audio download of shamanic drumming and rattling, providing us with an effective, easily learned technique for expanding awareness and shifting consciousness safely. The first goal: to find our Sacred Garden, a place for personal empowerment; as well as physical, psychological, emotional, and spiritual restoration. Once there, we learn through direct experience that the garden can be used as a gateway into the other levels of the inner worlds. Anthropologist Hank Wesselman, Ph.D., reveals that our garden operates by four primary rules: Everything in the garden is symbolic of some aspect of ourselves or our life experience. Everything in the garden can be communicated with, enhancing understanding. The garden can be changed by doing work. When you change your garden, some part of you or your life will change in response.

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